

October 2018



ARBORIST NOW

u r b a n f o r e s t r y

News from the Urban Forest

Sharing updates with our clients and friends on our growing urban forestry presence in San Francisco with relevant information, trivia, special features, photos, and more!

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TREE TRIVIA TIME!

1. What part of the tree is in charge of Photosynthesis?
2. What is the primary pigment in leaves that absorbs sunlight?
3. What is the main site of primary growth in trees?
4. How long have trees been in existence?



Congratulations to our September Newsletter winners!

*Daniela K.
Greg Z.
Pete V.*

The first 3 people to email the correct answers to each of these questions wins! The first person will win a **Victorinox Swiss Army Knife and a \$200 voucher**. The next 2 people will win a **\$100 voucher for any tree service**.

Please email your answers to news@arboristnow.com with "Quiz Answers" in the subject line.

Good luck!

Understanding and Caring for Trees in Autumn

Every fall, we get to witness a gorgeous change in our landscaping

and scenery. Leaves begin to turn brilliant shades of red, pink, orange, yellow, and brown, as the weather becomes colder and colder. Over time, the leaves will of course fall as well – what kind of care do trees need during this time?

We are going to talk about why the leaves change colors in the fall, and what sort of tree care you should be implementing during this autumn season.

First, let's start with why.

[Read more](#)



JOKE OF THE MONTH

Q: Why do trees make the worst frenemies?

A: *Because they are the best at throwing shade!*

FEATURE

Landmark Trees of San Francisco

Laurus Nobilis

A.K.A. Sweet Bay, Bay Laurel

Location: **555 Battery St.**

Laurus nobilis is an aromatic evergreen tree belonging to the [Lauraceae](#) family. It is native to the Mediterranean region and has become popular across the world because of its uses in the culinary arts. The tree varies in size capable of reaching heights up to 18 meters. This species of tree is dioecious meaning it has male and female flowers on two separate trees, the flowers are small yellowish green and can be found in clusters beside a leaf. The flowers on the female tree when pollinated are formed into a single seed purple berry. The leaves are green, fragrant, smooth and lanceolate about 7-8 cm long.

L. nobilis is slow growing making it suitable to grow in containers, it adapts well to pruning and shaping so it can be used as a great option for a topiary. It prefers moist, well-drained soil and mild climates. It is capable to withstand cold temperatures but not below freezing. It is important to start pruning when young in order to train it to the desired shape. It does produce suckers, so it is vital to remove these continuously.

The bay leaf has many [culinary uses](#). It is best to pick them when mature and can be used fresh or dried. When dried, its oils are highly concentrated giving it more flavor to your meals. If you want to dry them, pick the leaves and place them in small bundles then hang them upside down in a warm dry place such as your garage. Bay leaves have a sweet yet

spicy aromatic flavor that gets released slowly, making it a perfect spice companion for stews, soups and slow cooker meals. It is important to remove the leaf before consuming because its texture makes it hard to chew. In California, we can find *Umbellularia californica*, is a tree related to *Laurel nobilis*, its leaves can also be used in cooking, they have a stronger aroma and flavor, but it is advised to use more sparingly.

In Greek mythology, *L. nobilis* has been a symbol of victory and honor. Its origin comes from the legend of God Apollo. He was in love with Daphne, the daughter of the River God. She fled from Apollo's desire to marry her into the woods where he ran after her. Desperately, she asked her father to help her; in turn he transformed her into a Laurel tree. Since that moment, Apollo fell in love with the Laurel tree and wore a Laurel wreath around his head dedicating it to reward Greek civilians for their greatest achievements.

L. Nobilis is a beautiful tree with multiple uses that you should consider planting in your garden, it does great in [San Francisco climate](#) due to its similarities to the Mediterranean region. Not only does it smell good, but it is a great spice to have in hand for all your culinary needs.



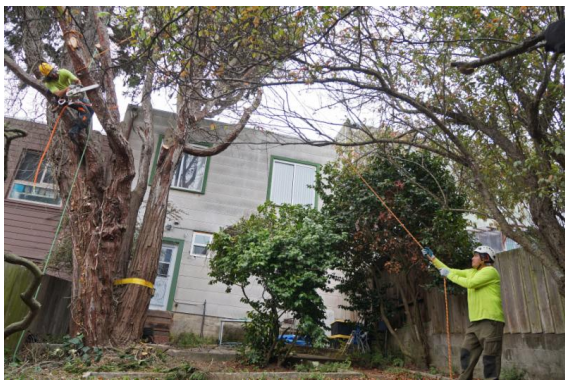
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- **Administrative Office Assistant - Full-time**
- **Sales Manager with an arboriculture and/or landscape background**
- **Landscape Crew Supervisor**
- **Heavy Equipment Crane Operator/Commercial Driver**

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FROM THE FIELD



We Appreciate *YOUR* Feedback! *Tell us how we're doing!*

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